

Barrington High School

STUDENT ATHLETE HANDBOOK 2009-2010

Sportsmanship Wins!

"Eagle Pride!"

BARRINGTON PUBLIC SCHOOLS

NONDISCRIMINATION POLICY

Barrington Public Schools does not discriminate on the basis of race, color, creed, national or ethnic origin, gender, religion, disability, age, sexual orientation, gender identity or expression, citizenship, or status as a disabled veteran, or Vietnam-era veteran with respect to access to, the provision of, or employment in its educational services, programs and activities, including admissions, athletics and other District programs. Any person aggrieved by a violation of this policy may file a complaint with the Nondiscrimination Compliance Officer, Dr. Betty A. Calise, Barrington Public Schools, 283 County Road, Barrington, RI 02806, 401-245-5000 or may also file a complaint with the following: The Rhode Island Commission for Human Rights, 180 Westminster Street, Providence, RI 02903; The Equal Employment Opportunity Commission, One Congress Street, Boston, MA 02114; Office of Civil Rights, U.S. Department of Education, 140 Federal Street, Boston, MA 02110. The full policy is available upon request.

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INTRODUCTION

The purpose of this handbook is to provide student athletes and their families with an overview of the Barrington High School Interscholastic Athletic Program and the policies, procedures and rules that govern it. Questions regarding any material in this handbook, as well as questions about any aspect of the program not addressed in this booklet, should be directed to Mr. George Finn, Director of Athletics and Student Activities.

Barrington High School is a member of the Rhode Island Interscholastic League (RIIL), whose purpose is to organize, regulate and promote interscholastic athletics for secondary schools of Rhode Island. As an RIIL member school, Barrington High School abides by the regulations and subscribes to the guidelines set forth by this organization. In addition, school committee policies and school rules also govern the school's athletic program.

Being a member of a Barrington High School athletic team is the fulfillment of an early ambition for many students. The attainment of this goal carries with it certain traditions and responsibilities that must be maintained. A great athletic tradition is not built overnight; it takes the hard work of many people over many years. As a member of an interscholastic team of Barrington High School, you have inherited a tradition which you are challenged to uphold. When you wear the blue and gold colors of our school, you indicate a willingness to assume the responsibilities that go with those traditions.

PHILOSOPHY

Barrington High School's interscholastic athletic program is an integral part of the total curriculum; therefore, a comprehensive program of athletic activities is vital to the educational development of students. The athletic program provides a variety of experiences to aid in the development of favorable habits and attitudes in students that will prepare them for adult life. These experiences are designed to serve the school, assist in the development of respect for self and others, promote fellowship and goodwill, promote self-realization and all-around growth, and encourage learning the qualities of good citizenship, school pride and self pride.

OBJECTIVES

- To provide a positive atmosphere of school athletics at Barrington High School.
- To provide opportunities that will allow athletics to serve as experiences where students may cope with problems and handle situations similar to those encountered in the contemporary world. To provide adequate and natural opportunities for:
 - physical, mental, social and emotional growth and development;
 - acquisition and development of special skills in activities of each student's choice;
 - team play with the development of such commitments as loyalty, cooperation, fair play and ethical conduct;
 - directed leadership and supervision that stresses self-discipline, self-motivation, excellence and the ideals of good sportsmanship that make for winning and losing graciously;
 - achievement of school goals and the student's individual goals;
 - provisions for worthy use of leisure time in later life, either as a participant or spectator; and
 - development of leadership qualities.
- To remember that an athletic contest is only a game - not a matter of life or death for player, coach, school, official, fan, community, state, or nation.

REQUIREMENTS FOR PARTICIPATION

A. Eligibility

In order to participate in interscholastic athletics at Barrington High School, students must (1) take a minimum of five courses in addition to physical education (2.75 credits) per semester, (2) take a minimum of 6.00 credits per year, and (3) not have failed more than one course, including physical education, at the end of the previous marking period. Students who have failed two courses at the end of the previous marking period will be academically eligible if they are not failing more than one course at the midterm reporting date of the current marking period. A progress report will be requested from each of the student's teachers. A student who has failed more than two courses at the end of the previous marking period will be academically ineligible for the current marking period. The marking period will be considered the quarterly report card marks. Therefore, students' eligibility will be determined equally and fairly for each and every quarter. Eligibility is based on grades earned for each of the four quarterly marking periods.

Students are NOT eligible if:

- they are excused from physical education for medical reasons (including a nurse's note);
- their 19th birthday occurs prior to September 1 of that academic school year;
- they have represented the school in any one sport for more than four seasons or have been in attendance for more than eight semesters in the 9th, 10th, 11th or 12th grade or grades or the equivalent of such grade or grades in any school or schools;
- they have changed schools without a change of legal residence, unless a transfer rule affidavit is approved from the Rhode Island Interscholastic League. Students may have to sit 50% of the first scheduled varsity contests of that season;
- they played or practiced with an outside team in the any sport that conflicts with the high school practice or contest;
- they do not comply with rules outlined in the Rhode Island Interscholastic League's Rules and Regulations. This publication may be found at www.riil.org.
- they miss or cut any class or study hall on the day of a competition, unless excused by an administrator at the high school.

B. Insurance

The school has arrangements with an insurance company through which parents can secure accident/medical insurance for their children at a nominal cost. Students participating in interscholastic sports are required to carry *accident/medical insurance*. The school does not assume responsibility for medical expenses resulting from injuries to participants in sports. The family's personal medical insurance is the first step in covering medical expenses. Accident/medical insurance can only be used to help pay for expenses not covered by your personal insurance.

In claims involving school accident/medical insurance, parents need to pick up an insurance form at the school office. Once the school and attending physician have made out their parts, the parents send the form and bills to the company.

Under certain circumstances, the Rhode Island Interscholastic Injury Fund provides some assistance for medical expenses which are not covered by either personal insurance or accident/medical insurance. The Rhode Island Interscholastic Injury Fund is a nonprofit organization which provides financial assistance for medical expenses incurred by an athlete during Interscholastic League competition. The Injury Fund will consider payment for medical bills and physical therapy above and beyond what the primary medical insurance of the athlete will pay. The Injury Fund is not an insurance company, but a Board of dedicated volunteers committed to the health and well being of Rhode Island athletes. Parents are asked to complete an application to request reimbursement from the Injury Fund.

C. Parental Permission and Acknowledgement of Athletic Policies

At the time students try out for an athletic team, they will receive this handbook. Each parent or guardian will read all of the enclosed material and certify that they understand the athletic eligibility rules and policies of the school district. Each athlete's parent or guardian will complete a *Parental Permission and Acknowledgement of Athletic Policies Form* for each sport to have knowledge and understanding of all school policies and giving permission to participate in that interscholastic sport. This form will be kept on file in the Director of Athletics and Student Activities' office.

D. Physical Examination

In order to try out for a team, a student must have a health physical on file prior to participation. The physical covers all sports provided the examination occurred within one year of the ending date of the respective athletic season(s). This form will be kept on file in the nurse's office. Fall sport athletes must have a physical on or after January 1 of that year, winter sport athletes must have physical on or after March 15 of that year, and spring sport athletes must have a physical on or after June 15 of the previous year. Students and Parents will be responsible for communicating with the medical staff any preexisting conditions that may effect athletic participation.

E. Risk of Participation

Athletes and parents must realize the risk of serious injury, which may be a result of athletic participation. In order to participate in interscholastic sports, students and parents/legal guardians are required to sign two copies of the *Rhode Island Interscholastic League's Assumption of Risk Form*. This form must be notarized and submitted to the coach prior to participation. One copy will be kept on file in the Director of Athletics and Student Activities' office. The second copy will be filed at the Rhode Island Interscholastic League office. This process is required only once during the four years of high school for each new athlete, including transfer students.

CODE OF CONDUCT FOR STUDENT ATHLETES

A firm and fair policy of enforcement is necessary to uphold the regulations and standards of the athletic department. The community, school administrators, and coaching staff feel strongly that high standards of conduct and citizenship are essential in maintaining a sound athletic program. Athletes are expected to abide by this code of conduct, which will earn them the honor and respect that participation and competition in the interscholastic athletic program affords. Conduct which results in dishonor to the athlete, the team or the school will not be tolerated. All rules apply to all athletes including players, managers, trainers, cheerleaders and all other students representing a team from Barrington High School.

A. Sportsmanship

"Good sportsmanship, ethical behavior, integrity, and the respect for others" are the guiding principles that permeate all interscholastic activities in our school. In perception and practice, sportsmanship is defined as those qualities, which are characterized by generosity and genuine concern for others. All individuals, regardless of their role, are expected to model sportsmanship because of their influence on the behavior of others.

STUDENT ATHLETES MUST:

- appreciate and understand that their behavior is observed and emulated by many who are younger;
- live up to the high standard of sportsmanship established by the RIIIL;
- accept and understand the seriousness of their responsibility and the privilege of representing their school and community;
- live up to the standards of sportsmanship established by the school administration and the coaching staff;
- learn the rules of the game thoroughly and discuss them with parents, fans, and peers;
- treat opponents the way they would like to be treated, as a guest or friend;
- refrain from taunting, trash-talking, or making any kind of derogatory remarks, especially comments of ethnic, racial or sexual nature, to their opponents during the game;
- wish opponents good luck before the game and congratulate them in a sincere manner that they would like to receive following a victory or defeat;
- respect the integrity and judgment of game officials;
- win with humility and lose with grace.

B. Alcohol and Drugs Including Tobacco

Medical research substantiates that the use of alcohol and mood modifying substances produces harmful effects on the human body and will affect athletic performance. You cannot compromise your participation with substance abuse. Students who experiment with such substances jeopardize program morale, reputation and success, and they do physical harm to themselves and risk personal injury and harm to others during their activity. Students must decide if they want to hold a leadership position or want to be part of an athletic team. If they do wish to be a participant, they must make the commitment in order to do so. A big part of this decision means refraining from the use of alcohol, drugs, tobacco, and steroids. Student athletes are considered in violation of this policy if they use any tobacco products or are in the presence of, possess, consume (including being under the influence of), and/or distribute, other than as prescribed by a physician for personal use, any tobacco product, controlled drug and/or intoxicant or steroid at any time (see Year Round Expectations) whether during school, at any school activity, on school property, or at locations off school property.

Alcohol and Drugs

For a first offense, a student athlete will be:

- suspended from all interscholastic competitions and practices for fifteen (15) succeeding calendar days from the sport in which the athlete participates. After ten (10) days, the athlete may return to the team for practices only. The suspension must include at least the next two (2) scheduled interscholastic contests of the season. The student will be reinstated for athletic competition after the fifteenth day, once all the requirements have been met. This suspension will be completed during an athlete's season. If there is not sufficient time remaining in that season to complete the suspension, it will be carried over to the next interscholastic sport season in which that athlete participates.
- reinstated to the team, provided the athlete meets with the Athletic Director, Coach, and Student Assistance Counselor.
- Parent(s)/Guardian(s) and student will meet with Athletic Director and/or Assistant Principal before reinstatement to the team
- required to forfeit their captaincy if they hold that position (see Captains section).

For any additional violation in the same year or subsequent year, a student athlete will be suspended from all interscholastic athletic competitions and extracurricular activities for 365 calendar days

Cigarette, Cigar and Smokeless Tobacco

Students who use tobacco products, including but not limited to, cigarettes, cigars or smokeless tobacco, will be in violation of school policy. This violation will be enforced whether during the school day, at a school activity, on school property.

For a first offense, a student athlete will be:

- suspended from all interscholastic competitions and practices for seven (7) succeeding calendar days from the sport in which the athlete participates. After five (5) days, the athlete may return to the team for practices only. The suspension must include at least the next one (1) scheduled interscholastic contest of the season. The student will be reinstated for athletic competition after the seventh day, once all the requirements have been met. This suspension will be completed during an athlete's season. If there is not sufficient time remaining in that season to complete the suspension, it will be carried over to the next interscholastic sport season in which that athlete participates.
- reinstated to the team, provided the athlete meets with the Athletic Director, Coach, and Student Assistance Counselor.
- Parent(s)/Guardian(s) and student will meet with Athletic Director and/or Assistant Principal before reinstatement to the team
- required to forfeit their captaincy if they hold that position (see Captains section).

Year Round Expectations

The substance use policy at Barrington High School is in effect year round, in and out of season, on and off the field, in and out of uniform for all student athletes. There is a reason for this ... ***We care about the welfare of our student athletes.*** We expect a year round commitment from you if you want to be involved in the athletic program at Barrington High School. Violation of this policy will be enforced at the beginning of the next full season the student athlete participates in.

Presence at Parties with Alcohol and Drugs

If a student athlete attends a party where alcohol or drugs are being illegally dispensed, the student athlete must leave the party immediately.

C. **Cyber Images**

Any identifiable image, text, photo, or video which implicates a student athlete to have been in possession or in the presence of alcohol and/or drugs, or portrays actual use, or out of character behavior or crime, shall be confirmation of a violation of the code of conduct. Since there is no way to establish a timeframe for when or the location of where the image was taken, it shall be a responsibility that the student athlete must assume. It must also be noted that there may be persons, who would attempt to implicate an athlete, by taking such images, to place them in a situation where they might be in violation of this code standard. Athletes must take every precaution to not place themselves in such an environment.

D. **Captains**

Captains will be appointed by coaches with team input. Candidates must submit a letter of interest and meet with the teams head coach. Prior to the selection of captains, athletes will be informed by the coach of the criteria for selection and obligations of the position. The position of team captain is one of honor, leadership, and responsibility. As a result, students serving in that capacity are expected to conduct themselves in an exemplary manner both in and outside of school.

Any student involved in a violation of the code of conduct that results in a suspension from school, or any student who is associated with, in possession of, or found to be involved with drugs, steroids, alcohol, tobacco use, weapons, or crimes outside of school, will lose the ability to serve as captain of any school-sponsored athletic team or leader of a student club or activity for a period of one calendar year. Any sitting captain of a Barrington High School athletic team will have that position rescinded and will be ineligible to serve for a period of one calendar year.

The maximum number of captains allowed per sport will be:

Sport	#	Sport	#
Baseball	2	Lacrosse	2
Basketball	2	Soccer	2
Cheerleading	2	Softball	2
Cross Country	2	Swimming	2
Field Hockey	2	Tennis	2
Football	3	Track/Field (indoor)	3
Golf	2	Track/Field (outdoor)	3
Gymnastics	2	Volleyball	2
Ice Hockey	2	Wrestling	2

Any change or alteration of the above listed numbers may be allowed but only after consultation with the Director of Athletics and Student Activities.

E. Attendance

Athletes are expected to be in school during the whole day throughout the athletic season. This means students must be in attendance at the beginning of the 1st Period Block by **7:40am** (8:51am on late start days). Athletes missing school for reasons other than illness must be excused in advance of the absence in order to participate. Athletes absent from school on Friday or a day preceding a holiday and/or a weekend contest are ineligible to participate unless the absence is excused in advance by the Principal or his designee.

F. Hazing

Under no circumstances will any type of hazing and/or initiation be tolerated. The term “hazing”, as defined by Rhode Island State Law, means any conduct or method of initiation that any student organization, which willfully or recklessly endangers the physical or mental health of any student or other person (abbreviated from State of Rhode Island Hazing Law, section 11-21-1(b)). Violation of this policy will result in strong disciplinary action, including suspension from the athletic team and loss of captaincy.

The following activities include but are not limited to some examples of violation of this standard:

- Requiring the consumption of any food, alcohol, drug, or other substance;
- Requiring participation in physical activities, such as calisthenics, exercise, or other games or activities requiring physical exertion;
- Exposing another to weather elements or other physically or emotionally uncomfortable situation;
- Forcing excessive fatigue from sleep deprivation, physical activities or exercise;
- Requiring anything that would be illegal under any applicable law, including laws of the State of Rhode Island;
- Requiring anything that can be reasonably expected to be morally offensive to another;
- Committing or requiring any act that demeans another based on race, gender, ability, sexual orientation, religion, or age;
- Committing any act of physical brutality against another, including, but not limited to, paddling, striking with fists, open hands, or objects, and branding;
- Kidnapping or transporting another with the intent of stranding him or her;
- Committing verbal abuse;
- Forcing or requiring conduct that can be reasonably expected to embarrass or adversely affect the dignity of another, including the performance of public stunts and activities such as scavenger hunts;
- Intentionally creating labor or work for another;
- Denying sufficient time for study or other academic activities; or
- Committing or requiring another to commit any sexual act or engage in lewd behavior.

G. Selection of a team

Selection of athletic teams is the sole responsibility of the coaches of those teams. Their actions, however, must be consistent with the philosophy and policies of the athletic program.

When a player selection is necessary, the process will include three important elements. Each candidate should have:

- competed in a minimum of five practice sessions;
- performed in at least one intra-squad scrimmage; and
- been personally informed of the player selection and the reasons for the action by the coach.

The Director of Athletics and Student Activities will approve all specific guidelines on team selection prior to their announcement.

A student not selected for squad will be permitted to try out for another team if the coach of the second team agrees. A student not selected for disciplinary reasons, however, will not be eligible to participate on another squad for that sport season.

H. Individual Coach's Rules

Coaches may establish (with advanced approval of the athletic director and principal) additional rules and regulations for their respective teams. These rules must be given in writing by the coach to all team members and explained fully at the start of the season. Penalties for violation of team rules will also be in writing and will be administered by the coach. Additional team rules must be consistent with all other school rules and regulations. Copies will be kept on file in the athletic director's office. Coaches may take reasonable disciplinary action pertaining to any problem that may arise that has not already been reviewed in this handbook.

I. Conflicts in Extracurricular Activities

Athletes who attempt to participate in several extracurricular activities will, undoubtedly, be in a position of a conflict of obligations. Athletes must notify the advisors/coaches involved immediately when a conflict does arise.

When a conflict arises, the advisors/coaches will work out a solution so those students do not feel caught in the middle. If a solution cannot be found, the principal or his designee will make the decision based on the following:

- the relative importance of each event;
- the importance of each event to the student;
- the relative contribution the student can make;
- how long each event has been scheduled; and
- a conversation with the athlete and/or parents.

Once the decision has been made and the student has followed that decision, he/she will not be penalized in any way by either advisor/coach. If it becomes obvious that students cannot fulfill the obligation of a school activity, they should withdraw from that activity.

J. Leaving a Squad

Athletes who leave a squad will have 48 hours to ask the coach for reinstatement. The coach will act independently on each case. These students are expected to discuss their decision with the Director of Athletics and Student Activities and coach. This is an important step so that they realize their responsibility to the team and themselves.

Within the first week of the preseason, a student may drop from the squad without penalty. After this time, the student may not participate in any other athletic activity for that season unless the Director of Athletics and Student Activities and both coaches involved grant permission.

K. Locker Room Regulations

1. Rough-housing and throwing towels or other objects is not allowed in the locker rooms.
2. All showers must be turned off. The last person to leave the shower room is expected to check all showers.
3. Athletes should ensure that all clothing and valuables are locked in their lockers.
4. No glass containers are permitted in locker rooms.
5. All shoes that have spikes or cleats must be put on and taken off outside of the school building.

L. Practices and Contests

Athletes are expected to attend all contests and practices during the season, vacations included, unless excused by the coach and/or Director of Athletics and Student Activities prior to the absence. Athletes with unexcused absences from contests or practices must practice one day (5 days maximum) for each contest or practice missed prior to resuming competition. The athlete must miss at least the next scheduled interscholastic league contest of the season.

M. Vacations

Vacations (including trips during school vacations) by athletic team members during a sport season are discouraged. Athletes and parents wishing to do so should assess their commitment to the team. In the event of an absence due to a vacation that is unavoidable, the athlete must:

- contact the coach at least one (1) week prior to the vacation, preferably before the beginning of the season;
- present a signed excuse by the parent or guardian at least one (1) week prior to leaving;
- practice or be in attendance at games one (1) day (5 days maximum) for each contest or practice missed to include at least one (1) interscholastic league contest prior to resuming competition; and
- accept their playing status on that squad following the return to competition.
- Students who have an option to participate in a school or community service related trip will not incur a penalty, however, must accept their playing status on that squad following the return to competition.

N. School Policies/Rules

Athletes will abide by all rules and regulations outlined in the “Code of Behavior” published in the Handbook for Students and Parents which is distributed to all students on the opening day of school.

Out of character behavior or criminal offenses could result in suspension or elimination of the privilege to participate in the athletic program.

O. Suspension/Detention

Athletes cannot participate in athletics while serving a suspension or detention. An athlete who is issued a detention must attend the session(s) assigned regardless of home game or practice conflicts. Athletes with away contest must meet with an assistant principal to be reassigned to the next open day to serve the detention.

P. Appearance

Student athletes assume the responsibility of representing their school; consequently, they are expected to dress appropriately and professionally for practices, contests, and travel.

Q. Travel

Athletes must travel to and from athletic contests in transportation provided by the Barrington Public Schools unless previous arrangements are made by the athlete's parents for exceptional situations. The Director of Athletics and Student Activities and coach must approve permission for exceptions. In addition:

- Athletes will remain with their team under the supervision of the coach when attending away contests.
- Athletes may return from an away contest only with their parents. In that event, the parent must request permission from the Director of Athletics and Student Activities and coach prior to the contest. The athlete will be released only to their parents upon the personal recognizance of the parent by the coach.
- Athletes are not permitted to drive their own vehicles to away contests.
- Athletes who miss the bus will not be allowed to participate in the contest unless there are extenuating circumstances.
- All regular school bus rules will be followed.

R. Weight Room Regulations

Students must be allowed in the weight room only if there is an assigned supervisor or coach in the facility at all times. In addition:

- Shirts and shoes are required at all times.
- Students must be under the supervision of the instructor assigned.
- Lifters must work with a partner.
- Replace all weights on racks immediately following use.
- Know your limits! Work with the instructor in determining your limits.
- Do the lifts correctly. It is better to use lighter weights for correct lifting than heavier weights and run the risk of injury.
- Warm-up with proper stretching exercises.
- Because of our limited space, the number of lifts will be determined by the supervisor.
- No food or drinks inside the weight room.
- No horseplay or profanity.
- No abuse of equipment. Any equipment that is broken must be reported immediately.
- Strength training is not only a supplement to other athletic programs, but also a highly-skilled activity itself.
- Students will only be allowed in the weight room if there is an assigned supervisor/coach in the facility at all times.

S. Equipment and Uniforms

Athletes are responsible for the proper care and security of all equipment issued/loaned them. School-furnished equipment is to be worn only for contests and practice or when authorized by the coach. All equipment must be returned immediately after the season.

Failure to return this equipment may result in not being able to sit for end of semester exams. Athletes who do not return their equipment in good condition or who lose their equipment will be assessed the replacement cost of the equipment. Additionally, athletes may not participate in

another sport until this obligation has been fulfilled. Due to Rhode Island Interscholastic League Rules, equipment cannot be issued to any student out of season.

- It is the student's responsibility to make sure any issued and personal belongings are secured properly in the locker room.

PARENT AND COACH COMMUNICATION

Both parenting and coaching are extremely difficult vocations. By establishing an understanding of each position, we are better able to accept the actions of the other and provide greater benefits to children. As parents, when your children become involved in our program, you have a right to understand what expectations are placed on your child. This begins with clear communication from the coach of your child's program.

Communication parents should expect from coaches:

- philosophy of the coach;
- expectations the coach has for your child as well as all the players on the squad;
- locations and times of all practices and contests;
- team requirements, i.e., practices, special equipment, out-of-season conditioning;
- procedure followed should your child be injured during participation; and
- discipline that may result in the denial of your child's participation.

Communication coaches should expect from parents:

- concerns expressed directly to the coach;
- notification of any schedule conflicts well in advance; and
- specific concerns with regard to a coach's philosophy and/or expectations.

As your children become involved in the programs at Barrington High School, they will experience some of the most rewarding moments of their lives. It is important to understand that there also may be times when things do not go the way you or your child wishes. At these times, discussion with the coach is encouraged.

Appropriate concerns to discuss with coaches:

- the treatment of your child, mentally and physically;
- ways to help your child improve; and
- concerns about your child's behavior.

Coaches are professionals. They make judgment decisions based on what they believe to be best for all students involved. As you have seen from the list above, certain topics can be and should be discussed with your child's coach. Other topics must be left to the discretion of the coach.

Issues not appropriate to discuss with coaches:

- Playing time
- Team strategy
- Play calling
- Other student-athletes

There are situations that may require a conference between the coach and the parent. These are to be encouraged. It is important that both parties involved have a clear understanding of the other's position. When these conferences are necessary, the following procedure should be followed to help promote a resolution to the issue or concern.

If you have a concern to discuss with a coach, you should:

Call the Director of Athletics and Student Activities at 247-3150 to set up an appointment with a coach. Please do not attempt to confront a coach before or after a contest or practice. These times can be emotional periods for both the parent and the coach. Meetings of this nature do not promote resolution.

If the meeting with the coach did not provide a satisfactory resolution, you should call and set up an appointment with the Director of Athletics and Student Activities to discuss the situation.

AWARDS

A. Types of Awards

Varsity Competition (major award): six-inch letter for the initial award; subsequent awards will be a pin. In future sports the athlete may receive a letter.

Any senior who has participated in any sport for a period of at least three years of competition, but who has not received a varsity letter in that sport, automatically receives such an award upon completion of their final season. Only one varsity letter is awarded to each student for each sport; certificates and pins are awarded for each additional year of varsity competition.

Junior Varsity Competition (minor award): four-inch letter. J.V. awards are given to designated J.V. teams only and are based on the same criteria for awarding varsity letters.

Freshmen Awards: Numeral pins may be awarded for participation in interscholastic competition or on a coach's recommendation.

Certificate of Participation: awarded to all team members who finish the season.

State Championship Award: Given out by Barrington Boosters Club includes team picture plaque, chenille emblem, and an award jacket (one per high school career). Jackets shall be awarded to those students who participated for the season. (Students who may have been called up at the end of the season may not be eligible.)

Manager Awards: A student who is a manager of a varsity team is eligible for an award as deemed appropriate by the Director of Athletics and Student Activities and Head Coach.

B. Criteria for Awarding Letters to Participants in Varsity Sports

1. **Baseball:** A player who participates in one-half the total number of innings or in 50% of the total number of games receives a letter. One inning constitutes playing in the game.
2. **Basketball:** A player who participates in half the total number of halves receives a letter. Playing any part of a half constitutes a quarter.
3. **Cheerleaders:** A player who attends all scheduled practices and games receives a letter.
4. **Cross Country:** A runner who finishes in one of the top seven team positions in at least two meets or places first in one scheduled league cross country meet receives a letter.
5. **Field Hockey:** A player who participates in half the total number of halves receives a letter. Playing any part of a half constitutes a half.
6. **Football:** A player who participates in half the total number of quarters receives a letter. Playing any part of a quarter constitutes a quarter.
7. **Golf:** Regular varsity team members receive letters if they play in 25% of all matches.
8. **Gymnastics:** A gymnast who has performed in one-half the number of meets receives a letter.
9. **Hockey:** A player who participates in one-half the number of total periods receives a letter. Playing any part of a period constitutes a period. (18 games - the athlete would have played in 27 periods)
10. **Lacrosse:** A player who participates in half the total number of halves/quarters receives a letter. Playing any part of a half/quarter constitutes a half/quarter.
11. **Soccer:** A player who participates in half the total number of halves receives a letter. Playing any part of a half constitutes a half.

12. Softball: A player who participates in one-half the total number of innings or in 50% of the total number of games receives a letter. One inning constitutes playing in a game.
13. Swimming: An athlete who accumulates 20 or more points during the dual meet season receives a letter.
14. Tennis: A player who participates in 25% of the scheduled interscholastic matches, either as a singles or a doubles player, receives a letter.
15. Track: An athlete who accumulates seven points during the season or participates in 50% of the varsity meets, or scores in a major meet, receives a letter.
16. Volleyball: A player who participates in one-half of the total number of matches receives a letter.
17. Wrestling: An athlete who participates in one-third of the scheduled varsity matches receives a letter.

C. **Exceptions to Awards:** A student who does not meet the requirements for an award because of injury or other circumstances and, in the judgment of the coach and with the approval of the Director of Athletics and Student Activities, is deserving of such an award will receive that award.

NCAA Clearinghouse for Academic Standards

It is your responsibility to make sure the Clearinghouse has the documents it needs to certify you. These documents are:

- Your completed and signed Student Release Form and fee
- Your official high school transcript
- Your SAT or ACT test scores
- Your high school form 48H which your guidance office must submit to the Clearinghouse. This will be kept in the Clearinghouse Library.

TO OBTAIN AND USE THE NCAA CLEARINGHOUSE STUDENT RELEASE FORM, COMPLETE THE FOLLOWING STEP.

Go online @ www.ncaaclearinghouse.net and follow instructions.

The NCAA Clearinghouse has launched a series of services to support prospective student-athletes. The key features of the new Clearinghouse services include:

- **IMPORTANT!** New Eligibility Rules ! See the website for more information.
- An NCAA Clearinghouse website at www.ncaaclearinghouse.net. You may access the Clearinghouse Home Page directly or through links from the NCAA's Website at www.ncaa.org.
- From the NCAA Clearinghouse website, prospective student-athletes are able to access information needed to understand the Division I and Division II eligibility requirements, register with the Clearinghouse and access individual Clearinghouse records.
- Beginning in 2003-2004 Prospective Student-Athletes (Domestic) who are eligible for a waiver of the Initial-Eligibility Certification Fee may complete their Student Release Form (SRF) online. NOTE: to be eligible for a fee waiver, you must have already received a fee waiver (not state voucher) for the ACT or SAT. Your high school counselor will also be required to submit an electronic fee waiver verification on your behalf (high school counselors with PIN access may submit waivers for eligible students from the High School Administrator section of the Clearinghouse website).

General Information on the NCAA Clearinghouse Website:

- Links to the NCAA website
- Core-course listings for high schools
- Online version of NCAA Guide for the College-Bound Student-Athlete
- Online information about Division I and Division II initial-eligibility requirements
- Online Frequently Asked Questions (FAQs)
- **Prospective Student-Athletes:**
 - Submit your Student Release Form (SRF) via the Web.
 - Registered Students - Update your registration information (if necessary).
 - Registered Students - Check your certification status.
- Home-School Students – please see website.

Clearinghouse Customer Services

- Clearinghouse mailing address:
NCAA Clearinghouse
301 ACT Drive
Box 4043
Iowa City, IA 52243-4043
- Clearinghouse customer service hours:
8 a.m. to 5 p.m. Central Time Monday through Friday
- Toll Free phone numbers (domestic callers only):
Customer Service Line - 877/262-1492
24-hour voice response - 877/861-3003
- Phone numbers (international callers):
Customer Service Line - 319/337-1492
24-hour voice response - 319/339-3003 Fax Number: 319/337-1556

NCAA FRESHMAN-ELIGIBILITY STANDARDS

QUICK REFERENCE SHEET

Core Courses

NCAA Division I requires 16 core courses as of August 1, 2008. This rule applies to any student first entering any Division I college or university on or after August 1, 2008. See the chart below for the breakdown of this 16 core-course requirement.

NCAA Division II requires 14 core courses. See the breakdown of core-course requirements below. Please note, Division II will require 16 core courses beginning August 1, 2013.

Test Scores

Division I has a sliding scale for test score and grade-point average. The sliding scale for those requirements is shown on page two of this sheet.

Division II has a minimum SAT score requirement of 820 or an ACT sum score of 68.

The SAT score used for NCAA purposes includes **only** the critical reading and math sections. The writing section of the SAT is not used. The ACT score used for NCAA purposes is a **sum** of the four sections on the ACT: English, mathematics, reading and science.

All SAT and ACT scores must be reported directly to the NCAA Eligibility Center by the testing agency. Test scores that appear on transcripts will not be used. When registering for the SAT or ACT, use the Eligibility Center code of 9999 to make sure the score is reported to the Eligibility Center.

Grade-Point Average

Only core courses are used in the calculation of the grade-point average. See NCAA Sliding Scale on their website for more information.

Be sure to look at your high school's list of NCAA-approved core courses on the Eligibility Center's Web site to make certain that courses being taken have been approved as core courses. The Web site is www.ncaaclearinghouse.net.

DIVISION I

16 Core-Course Rule - 16 Core Courses:

4 years of English.

3 years of mathematics (Algebra I or higher).

2 years of natural/physical science (1 year of lab if offered by high school).

1 year of additional English, mathematics or natural/physical science.

2 years of social science.

4 years of additional courses (from any area above, foreign language or non-doctrinal religion/philosophy).

DIVISION II

14 Core-Course Rule - 14 Core Courses:

3 years of English.

2 years of mathematics (Algebra I or higher).

2 years of natural/physical science (1 year of lab if offered by high school).

2 years of additional English, mathematics or natural/physical science.

2 years of social science.

3 years of additional courses (from any area above, foreign language or non-doctrinal religion/philosophy).

PLEASE NOTE: Beginning August 1, 2013, students planning to attend an NCAA Division II institution will be required to complete 16 core courses.

Register online!

Prospective student-athletes may register with the NCAA Initial-Eligibility Clearinghouse on-line. Simply go to the Initial-Eligibility Clearinghouse on the clearinghouse link on the right side of the athletics home page. By registering on-line, prospects will be able to view their eligibility information on-line, and will not have to call the clearinghouse for eligibility updates. On-line registration saves time, and allows prospective student-athletes to view their eligibility status up to six weeks faster than through the paper registration process.

Changes in SAT/ACT tests

The SAT and ACT have made changes their tests; one of the most significant changes is the addition of a writing component. On both the SAT and ACT, students will be asked to write an essay. The SAT writing section is mandatory, while the ACT writing section is optional.

The SAT will now have three parts: critical reading (formerly known as verbal), mathematics, and writing. Since each section is worth 200-800 points, the SAT score will now range from 600-2400.

Will the NCAA require a writing test as part of its initial-eligibility requirements?

The NCAA had determined that the writing component should not be required at the present time. The NCAA has noted the importance of reviewing research related to the impact of the writing component.

How will the NCAA Initial-Eligibility Clearinghouse use the scores on the new SAT?

Because the critical reading and math sections will still be scored on a 200-800 point scale, the clearinghouse will still combine those two sections for the combined score. The writing section will not be used. **The clearinghouse will use scores from the new SAT in combination with scores from the current SAT for the combined score.**

What about ACT?

ACT is also adding a writing component, but the ACT writing component is optional. The scores on the ACT will remain the same.

Where can I get more information?

The College Board has information about the new SAT on its Web site at www.collegeboard.com, and ACT has information at www.act.org.

Specific questions regarding any of the information on this page may be answered by contacting the NCAA Membership Services staff at 317/917-6222.

CRITERIA FOR ADDING INTERSCHOLASTIC SPORTS

1. Barrington High School offers sports where there is continuing interest from the student body.
2. The School Committee will provide funds for coaches, transportation, and normal operating costs of the sport in so far as the funds are available. This funding will not be diverted from existing athletic programs to create new programs.
3. The sport must be consistent with the educational goals of the school district and the philosophy as stated in the Student Athlete Handbook.
4. The sport, by its nature, must be a competitive athletic activity.
5. There must be an indication of continuing interest.
6. Appropriate and sufficient facilities must exist, and it must be possible to coordinate use of facilities so as not to conflict with existing programs.
7. All spots must have a coach who is appointed by the Superintendent of Schools and who possesses a current coaching certificate from the R.I. Department of Education.
8. The potential for scheduling competition on a league and/or regional basis will be a priority.
9. The sport must be conducive for adequate practice and competition given the local weather and geographical conditions.
10. Priority will be given to those sports that best equalize the opportunities for boys and girls.
11. The sport must be sponsored the R.I. Interscholastic League or other appropriately sanctioned league competition recognized by the Barrington School Committee.
12. A sport will not be added at the middle school unless there is a corresponding sport at the high school.
13. Criteria for adding junior varsity and freshman teams at the high school will be the same as adding a sport.

CRITERIA FOR DELETING INTERSCHOLASTIC SPORTS

1. If budget cuts necessitate deletion of a sports program, the Principal and the Director of Athletics and Student Activities will evaluate which programs will be deleted based on criteria such as the following:
 - Insufficient student participation
 - Lack of an appointed and certified coach
 - Lack of appropriate facilities
 - Scheduling of facilities conflicts with other academic or athletic programs
 - Lack of appropriate funding
 - Difficulty of scheduling contests at the local or regional level
 - Difficulty of scheduling contests or practices due to weather or geographical conditions