

BARRINGTON BOYS' TRACK AND FIELD

DECEMBER 2008

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----|---|--|---|---|---|--|
| | 1 First Day of Practice 2:30 Have all required paperwork | 2 2:30 Practice | 3 2:30 Practice 3:30-7:00 Sports Nutrition Program | 4 2:30 Practice | 5 2:30 Practice | 6 8:30 JV Meet (all non-varsity athletes) [SATs] |
| 7 | 8 2:30 Practice | 9 2:30 Practice [Band Winter Concert] | 10 2:30 Practice [7:00 PM Booster Club Meeting] | 11 2:30 Practice | 12 4:15 Injury Fund Relays (qualifying athletes) [Winter Dance] | 13 8:30 JV Meet (all non-varsity athletes) |
| 14 | 15 2:30 Practice | 16 CCRI Invitational 5:30 (qualifying athletes) [Winter Concert] | 17 2:30 Practice | 18 2:30 Practice | 19 2:30 Practice | 20 8:30 JV Meet (all non-varsity athletes) |
| 21 | 22 2:30 Practice | 23 2:30 Practice | 24 NO SCHOOL NO PRACTICE | 25 NO SCHOOL NO PRACTICE | 26 NO SCHOOL NO PRACTICE | 27 (possible) Meet at Reggie Lewis Arena, Boston (top athletes) |
| 28 | 29 NO SCHOOL PRACTICE TBA | 30 NO SCHOOL PRACTICE TBA | 31 NO SCHOOL PRACTICE TBA | | | |

BARRINGTON BOYS' TRACK AND FIELD

JANUARY 2009

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----|--|---------------------------------------|---|--|--|---|
| | | | | 1 NO SCHOOL PRACTICE TBA | 2 NO SCHOOL Brown Invit. (top athletes) PRACTICE TBA | 3 Brown Invit. (top athletes) 8:30 JV Meet (all non-varsity athletes) |
| 4 | 5 4:15 Dual vs. Hope & Mt. Pleasant (top 3 per event qualify) | 6 2:30 Practice | 7 2:30 Practice | 8 2:30 Practice | 9 2:30 Practice | 10 Dartmouth Relays and/or URI Invitational (top athletes) (JV Meet) |
| 11 | 12 5:45 Dual vs. LaSalle & Classical (top 3 per event qualify) | 13 2:30 Practice | 14 2:30 Practice TEAM PICTURE DAY | 15 2:30 Practice | 16 2:30 Practice Yale Invite. (top athletes) | 17 Yale Invitational (top athletes) |
| 18 | 19 NO SCHOOL PRACTICE TBA | 20 2:30 Practice [Exams] | 21 5:30 Dual vs. Moses Brown (top 3 per event) [Exams] | 22 2:30 Practice [Exams] | 23 2:30 Practice [Exams] | 24 8:30 JV Meet (all non-varsity athletes) [SATs] |
| 25 | 26 7:45 Dual vs. East Prov. and Mt. Hope (top 3 per event qualify) | 27 2:30 Practice | 28 NO SCHOOL PRACTICE TBA | 29 2:30 Practice | 30 2:30 Practice | 31 8:30 JV Meet (all non-varsity athletes) |

BARRINGTON BOYS' TRACK AND FIELD

FEBRUARY 2009

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|---|---|---|---|--|---|
| 1 | 2 2:30 Practice | 3 2:30 Practice | 4 2:30 Practice | 5 2:30 Practice | 6 2:30 Practice | 7 9:30 Division Champion- ships (qualifying athletes) |
| 8 | 9 2:30 Practice | 10 Freshman State Meet 5:30 (all Freshmen) | 11 2:30 Practice | 12 2:30 Practice | 13 7:30 Class B Champion- ships (qualifying athletes) | 14 PRACTICE TBA |
| 15 | 16 NO SCHOOL JV State Meet 8:00 AM | 17 NO SCHOOL PRACTICE TBA | 18 NO SCHOOL PRACTICE TBA | 19 NO SCHOOL PRACTICE TBA | 20 NO SCHOOL PRACTICE TBA | 21 PRACTICE TBA |
| 22 12:30 State Champion- ships (qualifying athletes) | 23 PRACTICE TBA | 24 PRACTICE TBA | 25 PRACTICE TBA | 26 PRACTICE TBA | 27 PRACTICE TBA | 28 |
| Ahead: New Englands are March 6 th (qualifiers only) | | | | | | |