

Barrington High School
Boys' Indoor Track and Field Records
as of March 2011

<u>Event</u>	<u>Record-Holder</u>	<u>Performance</u>	<u>Year</u>
Shot	Michael DiQuattro	60'3 1/2 "	1981
25lb Weight	Patrick Scanlon	70'1"	1970
High Jump	Paul Carter	6'7"	1985
Long Jump	Ben Mitchell	20' 7.25"	2010
3000m	Sid Griffin	8:53.26	2007
1500m	Brian McLaughlin	4:05.03	2010
1000m	Cyrus Cousins	2:38.25	2011
600m	Matt Gamache	1:25.77	2009
300m	Ryan Gower	36.6	2010
45m	Scott Delekta	5.4	1989
	Mike Read	5.4	2009
55m	Mike Read	6.50 FAT/ 6.3h	2010
45m Hurdles	Christopher Koehler	6.3	1989
55m Hurdles	Mike Braz	7.91	2009
4 x 1 lap (16oyd)	Marc DeSisto Mike Braz Ryan Gower Mike Read	1:09.1	2009
4 x 800	Caros Duran Frank Glavin Stephen Carter Josh Hagan	8:32.8	1990
4 x 200	Marc DeSisto Ed Mercer Ryan Gower Mike Read	1:32.6	2010
4 x 400	Ryan Gower Marc DeSisto Luke Imbusch Ed Mercer	3:33.53	2010